

**2nd WOMEN'S & MEN'S IPF OPEN, SUB/JNR & JUNIOR WORLD CLASSIC
POWERLIFTING CHAMPIONSHIPS 2014**

**1st WOMEN'S & MEN'S IPF MASTERS WORLD CLASSIC POWERLIFTING
CHAMPIONSHIPS 2014**

In Potchefstroom North West - South Africa from 01 – 08 June 2014

Sanctioned by the International Powerlifting Federation
and
the South African Powerlifting Federation
invites the IPF member nations to participate in the
2nd IPF Women's & Men's Open, Sub/Junior & Junior Classic Powerlifting World
Championships 2014
and the 1st IPF Women's & Men's Masters Classic Powerlifting Championships 2014

Please note : all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

Meet Director : Johan (Hannie) Smith - email : hannie@lagayim.co.za - Cell : +27 82 5663433
Fax +27 86 5243879 - Cell : +27 82 6419612

Correspondence & Visa support : Gail McKenzie-Kerr email : gail@cgmksadmin.co.za
Cell : +27 82 7725258 - office nr : +27 11 465 3379 - fax : +27 11 465 7938

Nominations : hannie@lagayim.co.za Cell : +27 82 5663433 Cell : +27 82 6419612

**Accommodation
& Transport:** Helen de Wet or Wilna Hill email : elgrores@iafrica.com tel: +27 18 2975411
Fax: +27 86 646 3689

Please send to Hannie Smith all information concerning your stay in South Africa: transport request, preliminary and final nomination.

Technical Secretary : Vicky Botha hannie@lagayim.co.za – cell : +27 82 4473848

IPF Championship Secretary : Gaston Parage, rue Pasteur, 1, L-4642 Differdange, Luxembourg
Mobile Phone : +352-621165214, Fax : +352-582696,
Email : Gaston.Parage@powerlifting-ipf.com

Host City : Potchefstroom - North West South Africa.

Date : 1 – 8 June 2014

Venue : Elgro Hotel Conference Centre Potchefstroom. elgrores@iafrica.com tel:+27182975411

Technical Meeting and Referee Clinic : Saturday 31 May 2014, 20:00 hrs at the – Drostdy Venue – Elgro Hotel

Hotel : Elgro Hotel, Willows Hotel & Elgro Lodge. Helen de Wet or Wilna Hill email :
elgrores@iafrica.com tel: +27 18 2975411
Fax: +27 86 646 3689

Note 1 : All athletes, coaches, referees and officials from each federation have to book their rooms by the organizer and have to stay in the official hotel during the championship. *If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of 100 EUR per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (By-Laws 105.4.4).*

Note 2 : The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay directly their rooms to the Elgro Hotel.

Accommodation fees payable by credit card :

Sgl : Single / Dbl : Twin bedded

OPTION 1

R 545.00 per person sharing

This rate is inclusive of:

- Accommodation
- Full English Breakfast

OPTION 2

R 675.00 per person sharing

This rate is inclusive of:

- Full Buffet Dinner
- Accommodation
- Full English Breakfast

1. cash in EUR and DOLLAR (according to the current exchange rate) ;
2. bank transfer to the following bank account :

Banking details :

Account name : ELGRO HOTEL
 Account : Absa Bank
 Account number : 680 146 934
 Branch : POTCHEFSTROOM
 Branch code : 335 138

Payment must be received at the above mentioned bank account at the latest 7 days prior to the beginning of the Championship. All bank charges go at the expense of order party. If you choose the payment by bank transfer or by credit card, you must inform the organizer in advance.

All rooms must be booked at the latest with the deadline of the final nomination – **24 th May 2014 is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms or change in the number of ordered banquet tickets.** If not cancelled in time, federations have to pay the reserved hotel rooms, the participation fee, the doping and the banquet tickets for all lifters and officials specified at the final nomination form.

Arrivals/Transportation :

Transport from OR-THAMBO International Airport to Elgro Hotel is **50 EUR** one way. Payment will be in Cash on arrival at the hotel.

Please send your detailed travel itinerary to the Meet Director Hannie Smith - email: hannie@lagayim.co.za and Helen de Wet or Wilna Hill elgrores@iafrica.com so that the transfer can be provided.

Shuttle : Shuttle service will be provided from Other Hotels to Venue.

Scales : Scales will be available at All the hotels.

Training : Training facilities available at the venue.

Flag and anthem : Flag will be provided by the Organizer.

Photos : Identification is necessary for security reasons. Picture of each lifter, coach and official will be taken for the accreditation card after arrival at the Championship office.

Streaming : All rooms and venue will have Wi-Fi connection.

Closing Banquet : Sunday 8th June - Price : **30 EUR** per person includes drinks on table.
 More information at Venue during the competition week.

Participation Fee : **50 EUR** for each lifter declared must be wired to the IPF bank account
Anti-Doping Fee : **50 EUR** for each lifter declared must be wired to the IPF bank account

Opening Ceremony : **Sunday 1th June** at 12:00 at the venue.



South African Powerlifting Federation (SAPF)

Health and Travel Insurance : All delegate members must have a valid health insurance. The organiser and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, theft, delayed planes etc.

Nominations : Team nomination forms must be in the hands of the Meet Director Hannie Smith hannie@lagayin.co.za and IPF Championship Secretary Gaston.Parage@powerlifting-ipf.com

Preliminary : 1st April 2014 (complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).

Final : 10th May 2014 (later entries will not be accepted)

All nominated lifters and officials must cover all Hotel costs if we have received no information about a cancellation 7 days prior to the championships, and the same applies for the participation and anti-doping fees (IPF-By-Laws105.5.2).

7 Days before Technical Meeting.: **24th MAY 2014 is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms.** If not any withdrawal is made 7 days prior to the Technical Meeting of an World championships or Cup, federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form.

Correspondence, Visa : emails regarding the championship must be sent to : **Gail McKenzie-Kerr**
Email : gail@cgmkadmin.co.za - cell : +27 82 7725258 - office nr : +27 11 465 3379
fax nr : +27 11 465 7938

Send a copy to the IPF Championship Secretary Gaston Parage :
email : Gaston.Parage@powerlifting-ipf.com

Provisional Timetable IPF Classic Powerlifting World Championships 2014

Opening ceremony: Sunday 1st June 2014 at 12:00

Day	Weigh-in time	Classes		Start	Number of lifters	End
Sunday, 1.06.2014 Session 1	07:00 – 08:30	Women M 1 - 4	47,0 – 52,0kg	09:00		12:00
		Opening Ceremony		12:00		12:30
Session 2	11:00 – 12:30	Men M 1 – 4	59,0 – 66,0kg	13:00		16:00
Session 3	14:30 – 16:00	Women M 1 – 4	57,0 – 63,0 kg	16:30		20:00
Monday, 2.06.2014 Session 1	07:00 – 08:30	Men M 1 - 4	74,0 – 83,0 kg	09:00		12:30
Session 2	10:30 – 12:00	Women M 1 - 4	72,0 - +84,0kg	12:30		15:30
Session 3	14:00 – 15:30	Men M 1 - 4	93,0 - 105,0 kg	16:00		20:00
Tuesday, 3.06.2014 Session 1	07:00 – 08:30	Sub-Junior & Junior Women	43,0 – 52,0kg	09:00		12:30
Session 2	10:30 – 12:00	Sub-Junior and Junior Men	53,0 – 59,0 kg	12:30		15:30
Session 3	14:30 – 16:00	Men M 1 - 4	120,0 – +120,0 kg	16:30		20:00
Wednesday 4.06.2014 Session 1	07:00 – 08:30	Sub-Junior & Junior Men	66,0 – 74,0 kg	09:00		12:30
Session 2	10:30 – 12:00	Open Women	47,0 – 52,0 kg	12:30		15:30
Session 3	14:30 – 16:00	Open Men	59,0 – 66,0 kg	16:30		20:00
Thursday 5.06.2014 Session 1	07:00 – 08:30	Sub-Junior and Junior Women	57,0 – 63,0 kg	09:00		12:30
Session 2	10:30 – 12:00	Open Women	57,0 – 63,0 kg	12:30		15:30

South African Powerlifting Federation (SAPF)

Session 3	14:00 – 15:30	Open Men	74,0 – 83,0 kg	16:00		20:00
Friday 6.06.2014 Session 1	07:00 – 08:30	Sub-Junior & Junior Men	83,0 – 93,0 kg	09:00		12:30
Session 2	10:30 – 12:00	Sub-Junior and Junior Women	72,0 - +84,0 kg	12:30		16:00
Session 3	14:30 – 16:00	Open Women	72,0 - +84,0 kg	16:30		20:30
Saturday 7.06.2014 Session 1	07:00 – 08:30	Sub-Junior and Junior Men	105,0 - +120,0 kg	09:00		12:30
Session 2	11:00 – 12:30	Open Men	93,0 kg	13:00		16:00
Session 3	14:30 – 16:00	Open Men	105,0 kg	16:30		20:30
Sunday 8.06.2014 Session 1	07:00 – 08:30	Open Men	120,0 kg	09:00		12:30
Session 2	10:30 – 12:00	Open Men	+120,0 kg	12:30		16:00
Banquet : Carnivore Restaurant	19:30					

Important Items to remember

Preliminary nomination forms must be sent not later than 60 days before the date of the Championship. Final nominations must be submitted no later than 21 days before the date of the Championship and must include only names from the preliminary nomination (i.e. only lifters from the preliminary nomination can be replaced by a substitute. No new nominations will be accepted).

According Technical Rules [Page 4, item 7] at the final nomination you must definite list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on Saturday, 31 May 2014.

Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

If the organizer does not receive confirmed cancellations of hotel rooms at least 7 days prior to the championship, all hotel costs will be the responsibility of nominated lifters and officials. The same applies to participation and anti-doping fees (IPF-By-Laws105.5.2).

All athletes, coaches, referees and officials from each federation have to book their rooms by the organizer and have to stay in the official hotel during the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of 100 EUR,-- per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (IPF By-laws 105.4.4).

Indemnity & Insurance: All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

Gaston Parage
IPF President
IPF Championship Secretary

Johan Smith
Meet Director

Johan Smith
South African President